

Social Skills Group



A group provided by
New Leaf Behavioral Health

for children ages 7 to 11 &
adolescents 12 to 15



- Sessions tailored specifically to suit children's needs
- All sessions followed by a parent talk explaining the targeted skills & how to reinforce them at home
- Excellent resources provided to practice the new skills
- Review of progress & recommendations provided at group end

Groups will be held in our Raleigh office near Crabtree Valley Mall ■ Group consists 8 sessions, scheduled on Saturdays
Tentative start date of March 29th, 2014 ■ To reserve a place for your child call (919) 781-8370

Children's Group

- Getting to Know Others
- Conversation Skills
- Joining In
- Listening/Attention
- Feeling Recognition
- Managing Anger
- Avoiding Bullying

Adolescent Group

- Conversation Skills
- Feeling Recognition
- Avoiding Bullying
- Self-Esteem
- Managing Disappointment
- Peer Pressure

Contact:

- Call us at (919) 781-8370 for information on how to enroll your child
- Group consists of 8 sessions that will last between 60-90 minutes, scheduled on Saturdays
- Group fee is \$120 (paid in full at the beginning), with a \$50 deposit to reserve a place for your child



New Leaf
Behavioral Health

3725 National Dr | Suite 220 | Raleigh, NC 27612
Phone: 919-781-8370 | Email: info@nlbh.org
On the web at: www.nlbh.org