

Social Skills Group



A group provided by
New Leaf Behavioral Health

for children ages 7 to 11

adolescents 12 to 15 &



- Learn essential life skills to promote happiness and health
- Supportive group environment to learn and practice skills
- Provide your child with skills needed to develop and maintain healthy relationships
- Parents provided resources to support use of skills at home



Groups will be held in our Raleigh office near Crabtree Valley Mall ■ Conveniently held on Saturdays

More information at www.nlbh.org ■ For more information or to reserve a place for your child call (919) 781-8370

Children's Group

- Getting to Know Others
- Conversation Skills
- Joining In
- Listening/Attention
- Emotional Awareness
- Managing Anger
- Avoiding Bullying

Adolescent Group

- Conversation Skills
- Emotional Awareness
- Avoiding Bullying
- Self-Esteem
- Managing Disappointment
- Peer Pressure

Contact:

- Group consists of 8 sessions that will last between 60-90 minutes, scheduled on Saturdays
- Group fee is paid in full at the beginning, with a \$50 deposit to reserve a place for your child
- Limited availability as groups have a maximum of 6 participants



New Leaf
Behavioral Health

3725 National Dr | Suite 220 | Raleigh, NC 27612
Phone: 919-781-8370 | Email: info@nlbh.org
On the web at: www.nlbh.org